

Swim Wales National Championships 2025 - 24/04/2025 to 27/04/2025

Meet Program - Session 8 (Warmup 11.55 - 12.25)

Event 321 Boys 12-13 50 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
Heat 1 of 4 Prelims				
1				—
2				—
3	%Thomas, Ifan S8	13	Cambrian AA/A,12,+	44.00
4	Jones, Owain	12	Torfaen D	33.23
5	Hale, William	12	Co Newport	33.30
6				—
7				—
8				—

Heat 2 of 4 Prelims				
1	Sheen, Evan	12	Co Newport	32.80
2	Hewitt, Oscar	12	Monnow	31.48
3	Fogarty, Oliver	13	Pembs Cty	30.71
4	Jones, Sam	12	Co Cardiff	29.56
5	Palmer, Evan	13	Torfaen D	30.27
6	Noden, Rory	13	Pembs Cty	31.14
7	Garrett, Ben	12	Merthyr Tydf	31.75
8				—

Heat 3 of 4 Prelims				
1	De Haan, Charlie	12	Holywell	32.60
2	Ogden, George	13	Redditch	31.39
3	Watkins, Dylan	13	Torfaen D	30.66
4	Harvey-Sullivan, Oscar	13	Swindon	29.36
5	Evans, Sam	13	Pembs Cty	30.21
6	Chalk, Alistair	13	Co Newport	30.91
7	King, Henri	12	Co Cardiff	31.63
8	Lloyd, Vincent-Owen	12	Swansea Aq	32.91

Heat 4 of 4 Prelims				
1	Miller, Ethan	12	Ruthin	32.37
2	Pugh, Bryn	12	Co Hereford	31.18
3	Jones, Dafydd	13	Nofio S Gar	30.36
4	King, Ethan	13	Penyrheol	28.70
5	Ma, Yuzhe	13	Co Cardiff	29.94
6	Zhen, Bosco	13	Co Newport	30.80
7	Voice, Harry	13	Newtown	31.58
8	Staples, Max	12	Rhondda	32.91

Event 322 Female 12-13 50 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
Heat 1 of 5 Prelims				
1				—
2	Roberts, Connie-Rae	12	Co Newport	32.94
3	Parry, Abigail	12	Nofio S Gar	32.73
4	Morris, Blair	12	Neath	32.63
5	Wood, Lilly	12	Neath	32.66
6	Szmigiero, Kaya	12	Aberystwyth	32.82
7	Britton, Nahla	12	Co Cardiff	33.34
8				—

Heat 2 of 5 Prelims				
1	Beasley, Evaleigh	12	Swansea Aq	32.40
2	Ryan, Ellie	12	Co Cardiff	32.39
3	Owen, Nel	12	NofioGwynedd	32.30
4	Olszewska, Maya	13	Co Newport	31.98
5	Matthews, Catrin	12	Co Cardiff	32.06
6	Brown, Alyssa	12	Rct Squad	32.37
7	Lewis, Evie	12	Pembs Cty	32.40
8	Gray-Thomas, Jessica	12	Conwy	32.50

Heat 3 of 5 Prelims				
1	Jones, Lola-Grace	13	Torfaen D	31.61
2	Van Zyl, Kiara	13	Co Cardiff	31.11
3	Sedgemore, Lola	13	Neath	30.32
4	Davies, Isla	12	Nofio S Gar	29.23
5	Sherrard, Alex	13	Torfaen D	30.01
6	Fordham, Freya	13	Co Newport	30.70
7	Duggan, Grace	13	Bridgend Cty	31.31
8	Mitrjaikina, Kerly	13	Swansea Aq	31.83

Heat 4 of 5 Prelims				
1	Jasper, Lily	13	Co Cardiff	31.42
2	Klak, Nina	13	Co Newport	31.00
3	Donaldson, Evie	13	Co Newport	30.28
4	Berner, Iyla	12	Nofio S Gar	28.90
5	Reasons, Darcy	13	Torfaen D	29.84
6	Filmer, Gwennan	13	Nofio S Gar	30.60
7	Emms, Ela	13	Co Cardiff	31.25
8	Davies, Elizabeth	12	Pembs Cty	31.71

Heat 5 of 5 Prelims				
1	Morgan-Basini, Ruby-May	13	Merthyr Tydf	31.40
2	Williams, Layla	13	Newtown	30.97
3	Thomas, Carys	13	Northampton	30.05
4	Sweet-Roberts, Pip	13	Torfaen D	28.76
5	Mellor, Medi	13	Nofio Bangor	29.60
6	O'hara, Noelle	12	Wrexham	30.33
7	Eyre, Maiya	13	Buckley	31.14
8	Gettins, Bethan	13	Co Newport	31.68

Event 323 Boys 12-13 400 LC Meter Freestyle (HDW)

Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Finals				
1				—
2				—
3	Chalk, Alistair	13	Co Newport	5:08.94
4	Jones, Spencer	13	Wrexham	5:04.34
5	Cook, Noah	12	Torfaen D	5:06.90
6				—
7				—
8				—

Event 324 Female 12-13 100 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 3 Prelims				
1				—
2	Lewis, Evie	12	Pembs Cty	1:34.91
3	Evans, Cadi	13	Swansea Aq	1:29.50
4	Berner, Iyla	12	Nofio S Gar	1:22.90
5	Summerfield, Lucy	13	Nofio S Gar	1:27.00
6	Prickett, Chloe	13	Co Cardiff	1:30.98
7				—
8				—

Heat 2 of 3 Prelims				
1				—
2	Rossiter-Wargent, Mia	12	Pembs Cty	1:32.98
3	Davies, Macy	13	Torfaen D	1:28.79
4	Parry, Abigail	12	Nofio S Gar	1:22.76
5	Reasons, Darcy	13	Torfaen D	1:23.93
6	Roberts, Phoebe	13	Conwy	1:30.10
7	Roberts, Connie-Rae	12	Co Newport	1:36.00
8				—

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Meet Program - Session 8 (Warmup 11.55 - 12.25)

Heat 3 Prelims (#324 Female 12-13 100 LC Meter Breaststroke)

1					
2	Lawn, Gayle	12	Torfaen D	1:31.49	
3	Lee, Seol Lucy	13	Co Cardiff	1:27.80	
4	Lewis, Harriet	13	Co Cardiff	1:19.60	
5	Mellor, Medi	13	Nofio Bangor	1:23.70	
6	Pitt, Seren	13	Co Cardiff	1:29.60	
7	Owen, Nel	12	NofioGwynedd	1:35.30	
8					

Event 325 Boys 12-13 200 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 1 Prelims

1					
2					
3	Jones, Sam	12	Co Cardiff	3:21.02	
4	Wynne, Jasper	13	Royal Wolv	3:02.94	
5	Thomas, Wilf	13	Millfield	3:05.10	
6					
7					
8					

Event 326 Female 12-13 200 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time
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Heat 1 of 1 Prelims

1					
2					
3					
4	Meenagh, Mai Van	13	Co Cardiff	2:41.28	
5	O'hara, Noelle	12	Wrexham	2:49.30	
6					
7					
8					

Event 327 Boys 12-13 100 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time
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Heat 1 of 1 Prelims

1					
2	Cook, Noah	12	Torfaen D	1:18.96	
3	Evans, Jake	13	Wrexham	1:16.70	
4	Jones, Spencer	13	Wrexham	1:13.67	
5	Pugh, Bryn	12	Co Hereford	1:13.68	
6	Watkins, Dylan	13	Torfaen D	1:17.00	
7	Nuttall, Harri	12	Rhyl Dolphin	1:20.20	
8					

Event 328 Female 12-13 200 LC Meter IM

Lane	Name	Age	Team	Seed Time
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Heat 1 of 5 Prelims

1					
2					
3	Coles, Aria	12	Neath	3:00.40	
4	Owen, Nel	12	NofioGwynedd	2:54.93	
5	Lewis, Evie	12	Pembs Cty	2:57.20	
6					
7					
8					

Heat 2 of 5 Prelims

1					
2	Matthews, Catrin	12	Co Cardiff	2:53.86	
3	Williams, Daisy	13	Nofio Bangor	2:53.60	
4	Brown, Alyssa	12	Rct Squad	2:53.39	
5	Williams, Layla	13	Newtown	2:53.40	
6	Gettins, Bethan	13	Co Newport	2:53.70	
7	Davies, Elizabeth	12	Pembs Cty	2:54.49	
8					

Heat 3 of 5 Prelims

1	Roberts, Connie-Rae	12	Co Newport	2:52.67	
2	Jones, Cadi	13	Co Cardiff	2:49.81	
3	Pawlowski, Isabelle	13	Corby	2:46.23	
4	Sweet-Roberts, Pip	13	Torfaen D	2:37.95	
5	Klak, Nina	13	Co Newport	2:41.77	
6	Williams, Paige	13	Swansea Aq	2:47.71	
7	Jones, Lola-Grace	13	Torfaen D	2:51.15	
8	Emms, Ela	13	Co Cardiff	2:53.32	

Heat 4 of 5 Prelims

1	Thomas-Owen, Efa	13	NofioGwynedd	2:52.20	
2	Gray-Thomas, Jessica	12	Conwy	2:49.10	
3	Pitt, Seren	13	Co Cardiff	2:44.02	
4	Berner, Iyla	12	Nofio S Gar	2:36.40	
5	Mellor, Medi	13	Nofio Bangor	2:41.40	
6	Chauhan, Amber	13	Nofio Bangor	2:47.70	
7	Eyre, Maiya	13	Buckley	2:50.60	
8	Summerfield, Lucy	13	Nofio S Gar	2:52.80	

Heat 5 of 5 Prelims

1	Beasley, Evaleigh	12	Swansea Aq	2:51.80	
2	Lee, Seol Lucy	13	Co Cardiff	2:48.40	
3	Donaldson, Evie	13	Co Newport	2:43.00	
4	Lewis, Harriet	13	Co Cardiff	2:31.42	
5	Davies, Isla	12	Nofio S Gar	2:37.96	
6	Davies, Macy	13	Torfaen D	2:46.90	
7	Van Zyl, Kiara	13	Co Cardiff	2:49.91	
8	Jasper, Lily	13	Co Cardiff	2:52.71	

Event 329 Female 12 & Over 800 LC Meter Freestyle (HDW)

Lane	Name	Age	Team	Seed Time
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Heat 1 of 5 Finals

1	Sedgemore, Lola	13	Neath	10:59.80	
2	Thomas, Carys	13	Northampton	10:42.80	
3	McFarlane, Una	14	Pembs Cty	10:40.20	
4	Ballinger, Scarlett	14	Rhondda	10:38.05	
5	Morgan, Evelyn	14	Nofio S Gar	10:38.11	
6	Chauhan, Amber	13	Nofio Bangor	10:42.42	
7	Pawlowski, Isabelle	13	Corby	10:48.36	
8	Davies, Ava-Rose	12	Nofio S Gar	11:04.10	

Heat 2 of 5 Finals

1	McQuaid, Maria	14	Co Cardiff	10:25.80	
2	Donaldson, Evie	13	Co Newport	10:21.20	
3	Jones, Annabelle	15	Wrexham	10:12.60	
4	Coles, Mya	15	Co Newport	10:08.20	
5	Williams, Marys	16	Swansea Aq	10:09.86	
6	McCavish, Cara	14	Farnham	10:18.40	
7	Edwards, Carys	15	Caerphilly	10:24.40	
8	Filmer, Gwennan	13	Nofio S Gar	10:34.60	

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1	Roberts, Mali	15	NofioGwynedd	10:03.70	___
2	Sherrard, Alex	13	Torfaen D	10:01.80	___
3	Johnson, Poppy	16	Holywell	9:59.40	___
4	Ling, Olivia	15	Co Cardiff	9:55.12	___
5	O'Mahoney, Kaitlin	17	Bridgend Cty	9:56.90	___
6	Morgan, Isabelle	17	Co Newport	10:01.06	___
7	Klak, Nina	13	Co Newport	10:02.70	___
8	George, Ellie	14	Rct Squad	10:06.30	___

Heat 4 of 5 Finals

1	Thomas, Serenity	15	NofioGwynedd	9:53.64	___
2	Devin, Erin	15	Wrexham	9:49.50	___
3	Humphreys, Holly	17	Neath	9:43.70	___
4	Sherrard, Emme	16	Torfaen D	9:41.78	___
5	Roberts, Megan	18	Wrexham	9:41.94	___
6	Prosser, Sofia	13	Torfaen D	9:44.40	___
7	Galdes Cutting, Daisy	14	Pembs Cty	9:52.00	___
8	Philpott, Ffion	16	Nofio S Gar	9:54.37	___

Heat 5 of 5 Finals - Swimming with Finals

1	Marshall, Polly	20	Birm'ham Uni	9:33.72	___
2	Patterson, Millie	19	Swansea Uni	9:23.19	___
3	Mitchell, Abby	19	Swansea Uni	9:09.00	___
4	John, Emilia	18	Co Cardiff	9:00.36	___
5	Forwood, Emily	21	Swansea Uni	9:02.40	___
6	Johnson, Charlotte	22	Swansea Uni	9:17.69	___
7	Griffiths, Cerys	15	Pembs Cty	9:28.00	___
8	Cust, Ciara	18	Conwy	9:39.60	___